

Harlow and Gilston Garden Town

Youth Council – Quality of Life Map workshop

HGGT

HARLOW & GILSTON
GARDEN TOWN



**QUALITY
OF LIFE**
FOUNDATION

Your Photos

What do you value in your area?

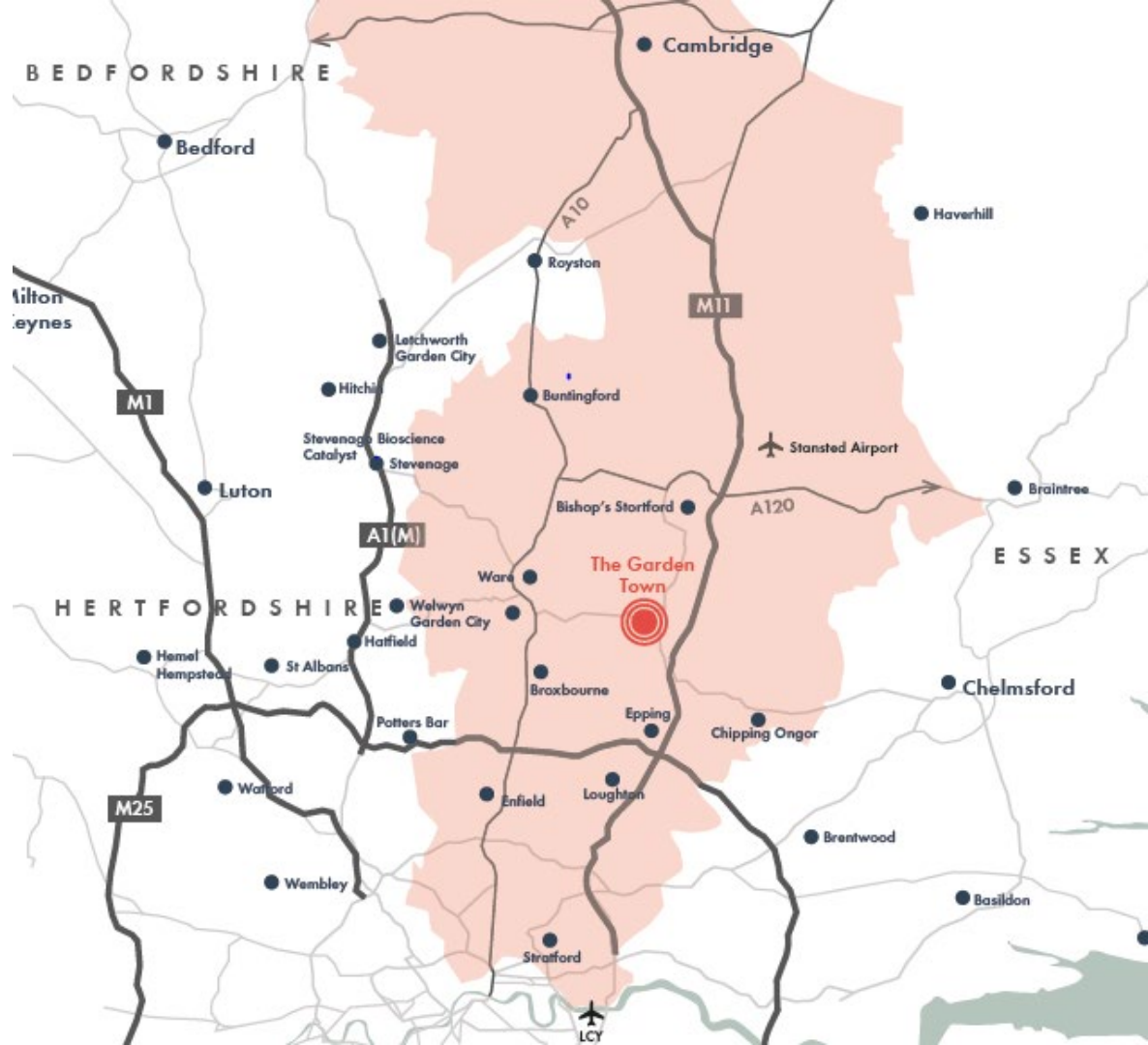


Your Garden Town

Where is it?

Harlow & Gilston Garden Town is located in and around Harlow, with parts in Harlow, East Herts and Epping Forest Districts.

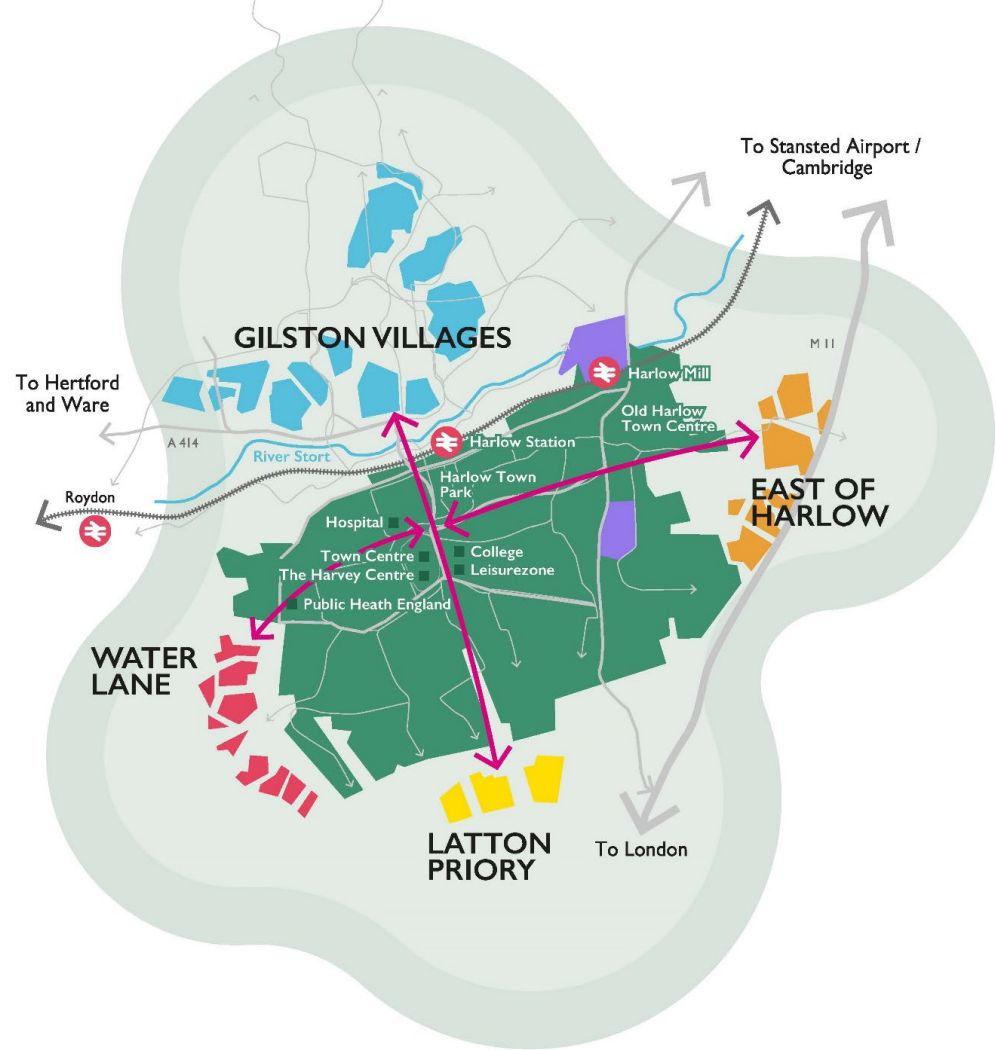
It sits close to Epping, Bishop's Stortford, Broxbourne, and on the UK Innovation Corridor, between London, Stansted Airport and Cambridge.



Your Garden Town

What is it?

- ✓ 5 Councils working together
- ✓ 24,000 new homes
- ✓ 20,000 jobs created
- ✓ 4 new neighbourhoods
- ✓ Shift to sustainable and active travel
- ✓ Vibrant Town Centre
- ✓ Tackling climate emergency
- ✓ Opportunities of growth and change



Your Quality of Life Map

What and why?

We will be talking to people across the Garden Town to **map the places and things they value and need** in their local area.

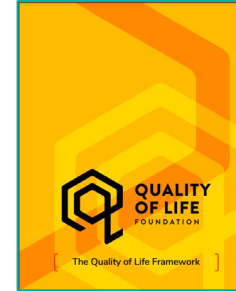
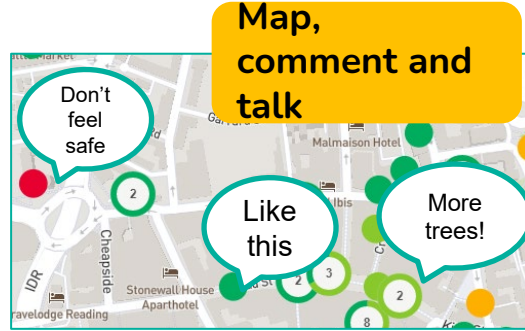
Getting involved and sharing your views is a chance for young people, like you, to share ideas and feelings about your wellbeing and quality of life. This will help shape future development and change in the area.

A digital map launches on 15th July, and we want you to help us to test our plans today



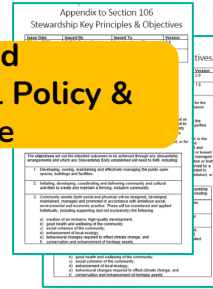
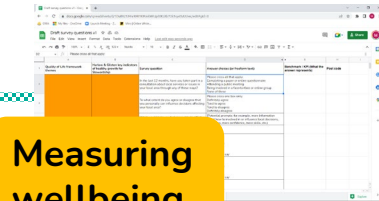
Your Quality of Life Map

How it works



Future

Local and National Policy & Guidance



Your Quality of Life Map Example

CCQoL Reading

Log in

Home Timeline Latest news Have your say The team



Comment on the map of your neighbourhood

Comments 290
Agreements 17

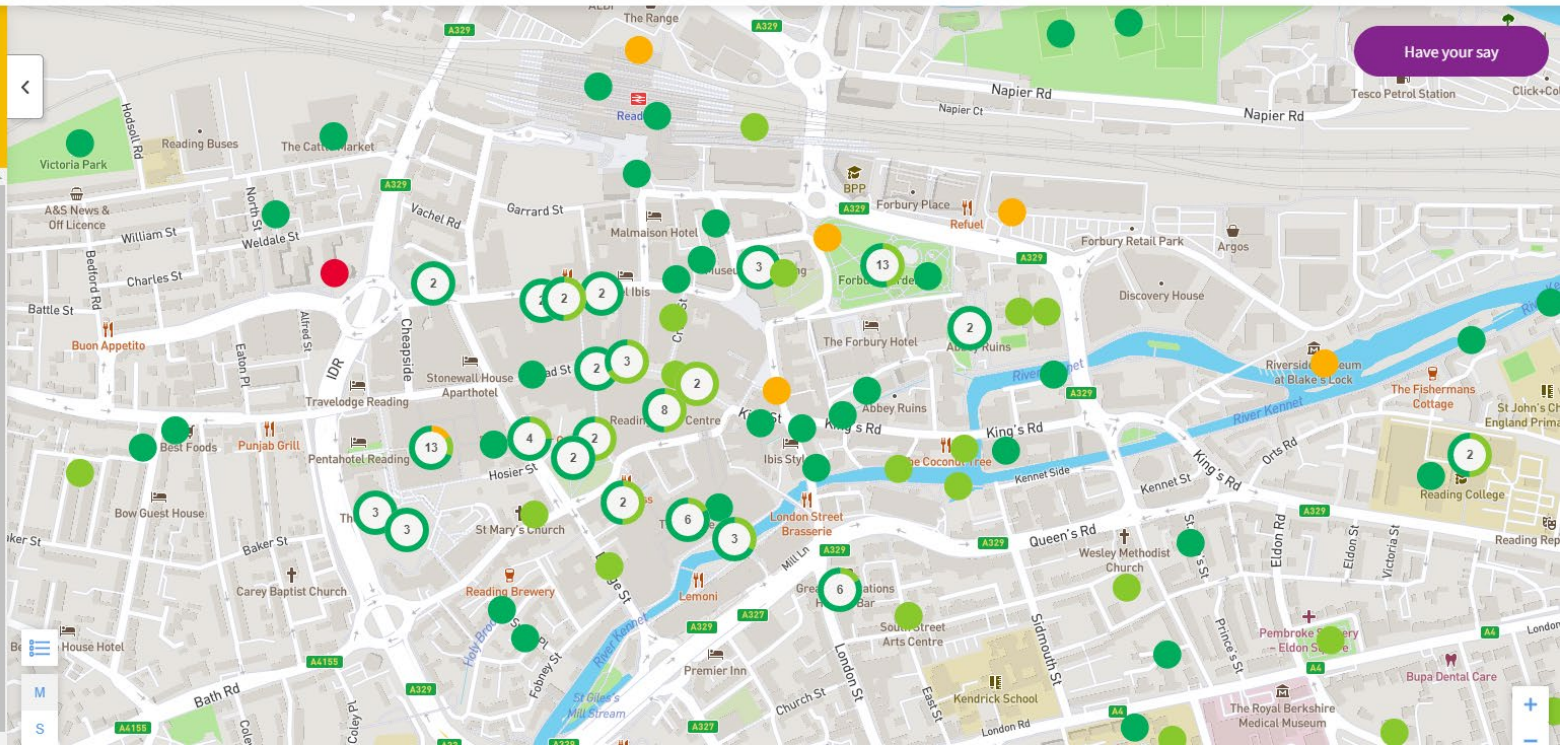


Click on the purple "Have your say" button
and drop a pin on a location where:

- You connect with nature
- You go to feel healthy
- You feel a sense of belonging
- You feel a sense of wonder
- You feel you have a sense of control over
your environment
- You find it easy to get around your area.

You can come back and place multiple pins
on the map.

[Learn more about CCQoL Reading](#)



Quality of Life - Themes

1

Control



4

Wonder



2

Health



5

Movement



3

Nature



6

Belonging



(Sense of) Control



To achieve a sense of control we need to feel safe in all aspects of our lives, and stable in our homes, jobs and living situation.



We also need to feel that we can influence our own circumstances in life, and have a say over issues that affect us.

Health



The places where we live and spend most of our time greatly affect our physical and mental health and wellbeing.



This in turn impacts our quality of life - as well as the health of the environment.

Nature



Connections with nature and access to biodiverse green and water spaces are central to our sense of wellbeing.



This includes spending time in natural environments, living in green neighbourhoods and near amenities such as parks, beaches and woodlands.

Wonder



When neighbourhoods offer a range of things to see and do, we may be delighted and surprised by new encounters that bring inspiration and a sense of wonder to our lives.



Arts and culture, as well as community pride and a sense of play, have a key role to play in this.

Movement



Walking and cycling, along with public transport networks, are key to improving health, cleaning the air we breathe, and reducing carbon emissions.



Belonging (Community)



There are many different ways someone can feel a sense of community.

It's about whether you feel at home, how your area accommodates diversity, and how it encourages social connections and a sense of neighbourliness.

It's also about neighbourhood design and what services and amenities people can/should be able to access.

